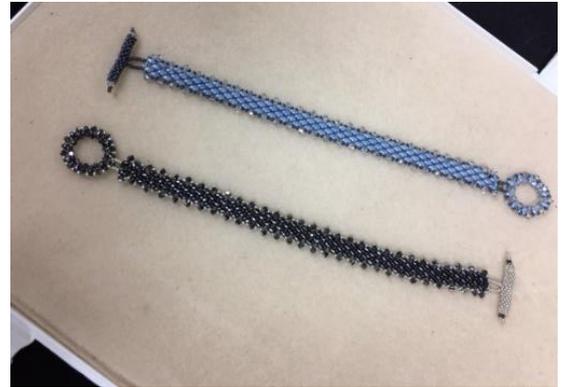


MINI-DUOS BRACELET

Designed by Carol Bear

- 1 tube of 15/0 seed beads
- 1 tube of Mini-Duos
- 82 3-mm Swarovski crystals (approximately)
- 1 stop bead
- 8 lb. Fireline (or 4 lb. doubled)
- Size 12 Beading Needle
- Bead mat, scissors &/or thread-burner



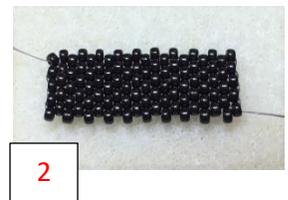
Toggle Ring:

1. Cut a comfortable length of Fireline. Pick up a Mini-Duo & a crystal; do this 10 times.
2. Make a circle by tying a double-knot. Go through all the beads again to reinforce.
3. Go through the first 3 beads, sewing through the first hole of a Mini-Duo & up through the second hole of the same Mini-Duo.
4. Pick up a seed bead, a crystal, & a seed bead. Sew through the top hole of the next Mini-Duo. Repeat going around the circle.
5. Go through all the beads in this top circle again to reinforce.
6. Double-knot, weave through & cut off tail. You will do this step for both tails.



Toggle Bar:

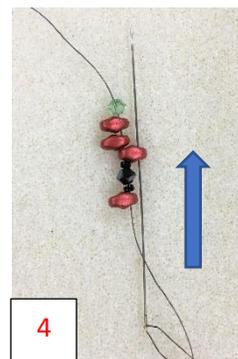
1. Cut a 3-ft. piece of Fireline. Using peyote stitch, pick up 20 seed beads. This will be your first & second rows.
2. Row 3 – pick up a seed bead, skip a bead, then sew through the next bead.
3. Continue until you reach the end, keeping your tension tight.
4. Row 4 – pick up a seed bead & sew through the next bead that sticks out. Repeat until you have a total of 10 rows.
5. Fold beads together lengthwise to make a tube. Zig-zagging between the sticking-out beads, sew the sides together.
6. When you reach the end, make a double-knot. Take the needle up through the center of the tube. Pick up a crystal & 3 seed beads to make a picot. Sew back through the crystal.
7. Go back down the tube – pick up a crystal & 3 seed beads to make a picot. Sew back through the crystal.
8. Sew up out of the tube. Sew down through the seed beads & make a knot. Weave tail through & cut off. You will do this step for both tails.



Bracelet Body:

1. Cut a comfortable length of Fireline.
2. Leaving a 15-inch tail, add a crystal as a stop bead. Then pick up 3 Mini-Duos, a seed bead, a crystal, a seed bead, & a Mini-Duo.
3. Go back up through the second hole of the third Mini-Duo you picked up (*figure 4*).
4. Pick up a Mini-Duo, skip the next Mini-Duo & sew up through the top Mini-Duo (*figure 5*).
5. Pick up a seed bead, a crystal, a seed bead, & a Mini-Duo. Sew back through the first Mini-Duo that sticks out.
6. Pick up a Mini-Duo & sew down through the next Mini-Duo.
7. Repeat Steps 5 to 6 until you reach your desired length, keeping tension snug.

For a 6-1/2-inch body, that is a total of 26 crystals on 1 side & 27 crystals on the other side. The toggle measurement is approximately 1 inch.



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Attaching the Toggle Ring:

1. Pick up a seed bead, a crystal & a seed bead & sew through the Mini-Duo.
2. Pick up 3 seed beads. Sew through a seed bead, Mini-Duo & seed bead on the ring.
3. Pick up 3 seed beads going through the next Mini-Duo.
4. Pick up a crystal & using it as a stop bead, sew back through the Mini-Duo.
5. Reinforce the seed beads added from the body of the bracelet to the toggle ring.
6. Coming out of the seed beads, pick up a crystal, placing it between the Mini-Duos.
7. Sew back through the beads in the bracelet with your remaining thread, weaving it in & out of the beads, making several knots, & cut off excess thread.



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Attaching the Toggle Bar:

1. Remove the crystal stop bead & orphan Mini-Duo.
2. Pick up 6 seed beads. Sew through the center bead(s) on the bar.
3. Pick up 6 seed beads & go through the Mini-Duo on the body.
4. Pick up a crystal & using it as a stop bead, sew back through the Mini-Duo.
5. Reinforce the added seed beads by sewing back through them.
6. Coming out of the seed beads, pick up a crystal, placing it between the Mini-Duos.
7. Sew back through the beads in the bracelet with your remaining thread, weaving it in & out of the beads, making several knots, & cut off excess thread.



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